



### Building Sustainable Pathways for Women's Empowerment Reflecting on Our Journey

Since its launch in December 2023, the WomenUp Project has been a collaborative journey across Europe—uniting educators, social workers, and community organizations around one shared goal: empowering vulnerable women to access new opportunities in life and work. Through innovative training, mentoring, and counselling activities, the project has helped hundreds of women build self-confidence, strengthen their skills, and take real steps toward independence and inclusion.

### Key Achievements

Over two years of cooperation, WomenUp has delivered tangible and lasting results across partner countries:

- 5 Life Skills Modules developed and aligned with the European LifeComp Framework.
- Career Counselling Programme featuring 9 interactive coaching activities, tested and refined in 5 pilot countries.
- 150+ Educators and Trainers trained to deliver inclusive, skill-based support.
- 250+ Women Empowered to pursue personal and professional growth.
- 7 Languages Available to ensure accessibility for all: English, Español, Français, Português, Ελληνικά, Русский, العربية.

“WomenUp has shown that empowerment is not just a word — it's a process that grows with trust, education, and community.” — Partner Representative, Portugal



## Sustainability and Next Steps

As the project concludes, the WomenUp partnership remains committed to ensuring that its results live on.

- The WomenUp Moodle Platform will remain accessible to educators, trainers, and social workers across Europe.
- The project's materials—modules, activities, and counselling toolkit—will continue to be free and open to the public.
- Partners plan to integrate WomenUp methodologies into ongoing adult education and social inclusion initiatives.
- Best practices will be shared with policymakers, NGOs, and EU networks to inspire further innovation.

“The success of WomenUp lies in its ripple effect — every empowered woman becomes a source of empowerment for others.” — Coordinator, Spain

## A Message of Gratitude

The WomenUp consortium extends heartfelt thanks to all participants, trainers, and organizations that made this journey possible.

Together, they have proven that inclusion, education, and solidarity can transform lives and communities.

Project Partners:

🇪🇸 Arrabal-AID (Spain) • 🇬🇷 iED (Greece) • 🇮🇪 Eurospeak Ireland • 🇸🇮 Faculty of Organisation Studies (Slovenia) • 🇵🇹 Adolescere (Portugal) • 🇧🇪 Zone Femmes (Belgium)



## Stay Connected & Keep Empowering

🌐 Website: [www.womenup-project.eu](http://www.womenup-project.eu)

FACEBOOK: [WomenUp Project](https://www.facebook.com/womenup.project)

✉️ Email: [info@womenup-project.eu](mailto:info@womenup-project.eu)

**WomenUp may be ending as a project — but its spirit of empowerment continues wherever women rise, learn, and lead.**



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