



About the Project

Started on 1st December 2023, the Women Up project is committed to supporting vulnerable women through tailored career counseling programs. It fosters empowerment, inclusion, and sustainable pathways into the labor market.



Learn more about the project:
[**womenup-project.eu/about**](https://womenup-project.eu/about)

Our Vision & Mission

We envision a future where all women—especially single mothers, refugees, and migrants—have equal access to opportunities. Through customized counseling, life skills training, and collaboration with community actors, we empower women to take control of their futures.



Project Highlights

Result 01: Tailored Course Modules

- 5 modules aligned with the European LifeComp Framework
- Designed for educators, trainers, and social workers
- Focus on personal development, social integration, and job readiness
- Available on the WOMEN UP Moodle platform

Explore the modules here:

[!\[\]\(3342c215b2a8b663596a81468d5dc314_img.jpg\) Women Up Moodle Platform](#)

Result 02: Counseling Program

- Supports organizations working with vulnerable women
- Offers practical tools to address barriers to employment
- Targets single mothers, refugees, migrants, and more
- Together, these tools help professionals empower women toward independence and inclusion.

Our Target Groups

- **ADULT EDUCATORS / TRAINERS:** Guiding women on their journey to upskilling.
- **SOCIAL WORKERS AND CARETAKERS:** Offering assistance, resources, and essential support services to vulnerable women. They play a crucial role in building trust and access to opportunities.
- **VULNERABLE WOMEN:** Especially single mothers, refugees, migrants, and other disadvantaged groups. Women Up supports them with practical tools and empowering training content.

Expected Impact

WOMEN UP seeks to:

- Boost the employability of vulnerable women
- Foster their social and economic integration
- Strengthen community sustainability
- Promote inclusion and equity across Europe

Meet Our Partners

Six organizations from across Europe collaborate to drive this mission:

-  Asociación Arrabal-AID – Spain
-  Institute of Entrepreneurship Development (iED) – Greece
-  Eurospeak Ireland – Ireland
-  Faculty of Organisation Studies – Slovenia
-  Adolescere – Portugal
-  Zone Femmes – Belgium

Discover more: [Meet the Partners](#)



Languages & Accessibility

All project content —courses, presentations, audio, and evaluation tools—is available in 7 languages to ensure accessibility and inclusion for a broad audience:

English | Español | Français | Português | Ελληνικά | Русский | العربية

Access the multilingual platform here:

www.womenup-project.eu

